PA WIC (Pregnancy, Women, Infant & Children) Program

Highlights:
- SNAP
- MA (TANF)
- WIC
- Head Start
- Early Head Start
- 5

WIC Benefits Summary

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,926</td>
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<tr>
<td>2</td>
<td>$2,607</td>
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<td>3</td>
<td>$3,289</td>
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</tbody>
</table>

- Enrollment requirements:
  - Household income
  - Household size

*2019 Federal Poverty Guidelines*

$682

Burmese-WIC Outreach Brochure

www.health.pa.gov
www.pawic.com
WIC Program Options

WIC provides nutrition services and information to low-income families with dependent children. This program helps ensure that women, infants, and children get the nutrients they need for a healthy life.

Program Options:

- Healthy Beginnings Plus
- Head Start
- SNAP
- TANF
- MA
- CHIP

WIC program benefits and eligibility:

- Access to healthy foods
- Nutritional counseling
- Medical referrals
- Nutritional education

WIC is available to individuals and families who meet specific income and asset guidelines. For more information, visit the WIC website or contact your local WIC office.