

**Pennsylvania WIC Food List**  
**Effective October 1, 2009 to September 30, 2010**

<b>Brand</b>	<b>Flavor</b>	<b>Package Size</b>	<b>UPC Code</b>
Arnold Select	Wheat Sandwich Rolls	16 ounce	7341013554
	Stoneground 100% Whole Wheat	16 ounce	7341002250
	100% whole Wheat Bread	24 ounce	7341001375
	12 Grain Bread	24 ounce	7341000026
Country Hearth	Hearty Whole Grains	24 ounce	71319000111
Food Lion	100% Whole Wheat Bread	16 ounce	3582607464
Gold Medal	100% Whole Wheat Bread	24 ounce	1600059077
Pepperidge Farm	100% Whole Wheat Bread	16 ounce	14100 07101
	Whole Grain Seeded Jewish Rye Bread	16 ounce	14100 09140
	Very Thin Whole Grain White Bread	16 ounce	14100 09018
	Very Thin Soft 100% Whole Wheat Bread	16 ounce	14100 07132
Stroehmann	Soft 100% Whole Wheat Bread	24 ounce	7167302610
	100% Whole Wheat Bread	24 ounce	7167302050
Wegmans	Whole Grain Bread	24 ounce	77890-29055
	Whole Wheat Bread	24 ounce	77890-81765
Weight Watchers	Whole Wheat Bread	16 ounce	183791000012
Weis Quality	100% Whole Grain Bread	24 ounce	4149700095
	O.Mega Grains with Flax & Honey	24 ounce	4149700094

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Our Family	Whole Grain Brown Rice	16 ounce	7025346800
Riceland	Whole Grain Brown Rice	16 ounce	035200055031
River	Whole Grain Brown Rice	24 ounce	17400-10183
Safeway	Whole Grain Brown Rice	16 ounce	21130-50217
Shurfine	Whole Grain Brown Rice	16 ounce	1540083968
Uncle Bens	Whole Grain Brown Rice	16 ounce	5480011001
Wegmans	Whole Grain Brown Rice	16 ounce	077890 85229

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Acme	Corn Flakes	18 ounce	7509085372
	Corn Squares	16 ounce	7509089026
	Corn Biscuits	14 ounce	7509090576
	Rice Squares	15.6 ounce	7509089027
	Rice Biscuits	12.8 ounce	7509090584
	Toasted Oats	15 ounce	7509086250
Cream of Wheat	Instant Original	28 ounce	13130-00622
	2 1/2 Minutes	14 ounce	13130-00611
	2 1/2 Minutes	28 ounce	13130-00612
	10 Minutes	28 ounce	13130-00602
	Whole Grain	18 ounce	72400-00025
Flavorite	Corn Flakes	18 ounce	4113014236
	Corn Biscuits	14 ounce	4113007083
	Corn Biscuits	16 ounce	4113001679
	Rice Biscuits	12.8 ounce	4113007086
	Rice Biscuits	15.6 ounce	4113001678
	Toasted Oats	15 ounce	4113014233
Food Club	Corn Biscuits	14 ounce	3680011413
	Corn Flakes	18 ounce	3680011017
	Corn Flakes	24 ounce	3680011011
	Corn Squares	16 ounce	3680007363
	Toasted Oats	15 ounce	3680011440
General Mills	Cheerios	14 ounce	0-16000-27564-5
	Cheerios	18ounce	0-16000-27528-7
	Corn Chex	14 ounce	0-16000-27558-4
	Honey Kix	12 ounce	0-16000-40945-3
	Kix	12 ounce	0-16000-62570-9
	Kix	18ounce	0-16000-62570-9
	MultiBran Chex	14 ounce	0-16000-27552-2
	Multi Grain Cheerios	12.8 ounce	0-16000-27562-1
	Rice Chex	12.8 ounce	0-16000-27559-1
	Total Whole Grain	16 ounce	0-16000-27563-8
	Wheaties	15.6 ounce	0-16000-27565-2
	Wheat Chex	14 ounce	0-16000-27549-2
Giant	Corn Flakes	18 ounce	6-88267-07049
	Corn Squares	14 ounce	6-88267-06532
	Rice Squares	12.8 ounce	6-88267-06533
	Toasted Oats	15 ounce	6-88267-07874
Giant Eagle	Corn Flakes	12 ounce	3003401692
	Toasted Oats	15 ounce	3003401680

Great Value	Corn Flakes	18 ounce	7874235886
	Toasted Oats	18 ounce	7874207583
IGA	Corn Flakes	18 ounce	4127081356
	Rice Biscuits	12.8 ounce	4127083079
	Toasted Oats	15 ounce	4127001974
Kashi	Mighty Bites Honey Crunch	14.3 ounce	1862704000
Kellogg's	All Bran Complete	17.3 ounce	3800000060
	Corn Flakes	12 ounce	3800000127
	Corn Flakes	18 ounce	3800000120
	Corn Flakes	24 ounce	3800000101
	Corn Flakes	36 ounce	3800048280
	Crispix	12 ounce	3800003530
	Crispix	17.9 ounce	3800003512
	Frosted Mini Wheats Big Bite	16 ounce	3800002720
	Frosted Mini Wheats Big Bite	20.4 ounce	3800002727
	Frosted Mini Wheats Bite Size	18 ounce	3800031829
	Frosted Mini Wheats Bite Size	24 ounce	3800031834
	Unfrosted Mini Wheats	18 ounce	3800035982
Malt O Meal	Crispy Rice	36 ounce	0 42400 90501 1
	Crispy Rice	18 ounce bag	0 42400 05800 7
	Crispy Rice	20.5 ounce	0 42400 09761 7
	Crispy Rice	18 ounce box	0 42400 07088 7
	Honey & Oat Blenders®	19.5 ounce	0 42400 09763 1
	Honey & Oat Blenders®	24 ounce	0 42400 02287 9
	Honey & Oat Blenders®	36 ounce	0 42400 02288 6
	Honey & Oat Blenders®	32 ounce	0 42400 03630 2
	Honey & Oat Blenders®	12 ounce bag	0 42400 04421 5
	Honey & Oat Blenders®	12 ounce bag - prepriced	0 42400 04422 2
	Honey & Oat Blenders®	13.5 ounce box	0 42400 04745 2
	Honey & Oat Blenders®	18 ounce	0 42400 07205 8
	Honey & Oat Blenders® with Almonds	19 ounce	0 42400 09769 3
	Honey & Oat Blenders® with Almonds	36 ounce	0 42400 02299 2
	Honey & Oat Blenders® with Almonds	18 ounce	0 42400 02296 1
	Maypo	Instant Maple Oatmeal	14 ounce
Our Family	Corn Flakes	18 ounce	7025329806
	Corn Biscuits	16 ounce	7025327996
	Rice Biscuits	14 ounce	7025328004
	Rice Biscuits	15.6 ounce	7025327998
	Toasted Oats	15 ounce	7025329810
Post	Banana Nut Crunch	15.5 ounce	0-43000-11650-0
	Grape Nut Flakes	14 ounce	0-43000-10934-2

	Grape Nut Flakes	18 ounce	0-43000-10910-6
	Honey Bunches of Oats-Honey Roasted	14.5 oz	0-43000-01424-0
	Honey Bunches of Oats-Honey Roasted	18 ounce	8-84912-01426-9
	Honey Bunches of Oats-Almonds	14.5 oz	0-43000-01425-7
	Honey Bunches of Oats-Almonds	18 ounce	8-84912-01427-6
	Honey Bunches of Oats-Cinnamon Clusters	14.5 oz	0-43000-01279-6
	Honey Bunches of Oats-Cinnamon Clusters	18 ounce	8-84912-01278-4
	Honey Bunches of Oats- Vanilla Clusters	18 oz box	0-43000-01786-9
Quaker Oats	Crunchy Corn Bran	12oz	30000 06870
	Crunchy Corn Bran	16oz	30000 06860
	King Vitaman	12oz	30000 06950
	Life Cereal	15oz	30000 06340
	Life Cereal	21oz	30000 06110
	Oat Bran Essentials	15.5oz	30000 01680
	Oatmeal Squares	16oz	30000 06430
	Oatmeal Squares	24oz	30000 06570
	Instant Grits Original Flavor	18oz	30000 04050
	Instant Grits Original Flavor	36oz	30000 04130
	Cinnamon Oatmeal Squares	16 ounce	30000 06150
Ralston	Corn Flakes	12 ounce	91669-30038
	Corn Flakes	18 ounce	91669-30122
	Corn Biscuits	14 ounce	91669-36854
	Rice Biscuits	12.8 ounce	91669-36919
	Toasted Oats	15 ounce	91669-19813
Richfood	Corn Flakes	18 ounce	1116603294
	Corn Biscuits	16 ounce	1116603325
	Rice Biscuits	15.6 ounce	1116603351
	Toasted Oats	15 ounce	1116603298
Safeway	Corn Flakes	18 ounce	21130-28002
	Corn Biscuits	14 ounce	21130-28031
	Rice Biscuits	12.8 ounce	21130-28056
	Toasted Oats	14 ounce	21130-28019
Shop N Save	Corn Flakes	18 ounce	4113035341
	Corn Squares	16 ounce	4113034171
	Rice Squares	15.6 ounce	4113034170
	Toasted Oats		
Shop Rite	Corn Flakes	18 ounce	4119003329
	Corn Flakes	24 ounce	4119003330
	Corn Biscuits	16 ounce	4119003951
	Rice Biscuits	15.6 ounce	4119003952
	Toasted Oats	15 ounce	4119003337

Shurfine	Corn Flakes	18 ounce	1540002055
	Corn Flakes	24 ounce	1116116067
	Corn Squares	14 ounce	1540086232
	Toasted Oats	15 ounce	1540084074
Wegmans	Corn Flakes	18 ounce	077890-56117
	Corn Squares	14 ounce	077890-14082
	Rice Squares	12.8 ounce	077890-68109
	Toasted Oats	15 ounce	077890-56099
Weis Quality	Corn Flakes	12 ounce	4149753729
	Corn Flakes	18 ounce	4149753731
	Corn Squares	14 ounce	4149753745
	Rice Squares	12.8 ounce	4149753698

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Acme	Apple Juice with Vitamin C	64 ounce	07509089764
	Grape Juice	64 ounce	07509087333
	Low-Sodium Vegetable	64 ounce	075090905023
	Pineapple Juice	64 ounce	075090431645
	Tomato Juice	64 ounce	075090905009
	White Grape Juice	64 ounce	07509087181
Apple & Eve	Apple Juice	48 ounce	0-76301-73011-3
	Apple Juice	64 ounce	0-76301-72212-5
	Cranberry Apple Juice	48 ounce	0-76301-72353-5
	Cranberry Apple Juice	64 ounce	0-76301-72215-6
	Cranberry Raspberry Juice	48 ounce	0-76301-72553-9
	Cranberry Raspberry Juice	64 ounce	0-76301-72216-3
	100% Naturally Cranberry	48 ounce	0-76301-72653-6
	100% Naturally Cranberry	64 ounce	0-76301-72214-9
	Cranberry Grape Juice	64 ounce	0-76301-72217-0
	Cranberry Peach Mango Juice	64 ounce	0-76301-72223-1
	Cranberry Wild Berry Juice	64 ounce	0-76301-73332-9
	Pomegranate w/ Cranberry Juice	64 ounce	0-76301-77202-1
Campbells	V8 100% Vegetable Juice	64 ounce	051000069924
	Low Sodium V8 100% Vegetable Juice	64 ounce	051000152787
	Campbell's Tomato Juice	64 ounce	051000147578
	Campbell's Low Sodium Tomato Juice	64 ounce	051000147561
Dole	Country Raspberry	12 ounce frozen concentrate	0-48500-05214-3
	Orange Peach Mango	12 ounce frozen concentrate	0-48500-05212-9
	Orange Strawberry Banana	12 ounce frozen concentrate	0-48500-05211-2
	Pineapple	12 ounce frozen concentrate	0-48500-05200-6
	Pinapple Orange	12 ounce frozen concentrate	0-48500-05201-3
	Pine-Orange Banana	12 ounce frozen concentrate	0-48500-05202-0
	Pine-Orange Strawberry	12 ounce frozen concentrate	0-48500-05205-1
Flavorite	Apple Juice	64 ounce	04113000740
	Apple Juice	12 ounce frozen concentrate	04113000460
	Red Grape Juice	64 ounce	04113000016
	White Grape Juice	64 ounce	04113000017
Food Lion	Apple Juice	64 ounce	03582602058
	Apple Juice	12 ounce frozen concentrate	03582600209
	Cranberry Juice	64 ounce	03582604425
	Grape Juice	64 ounce	03582603614
	Pineapple	12 ounce frozen concentrate	03582602073
Giant	Purple Grape Juice	64 ounce	06-88267-07660
	White Grape Juice	64 ounce	06-88267-07659
Great Value	Apple Juice	12 ounce frozen concentrate	7874235228

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HyTop	Apple Juice	64 ounce	5070005189	
	Grape Juice	64 ounce	5070047932	
	Tomato Juice	64 ounce	5070055400	
	Vegetable Juice	64 ounce	5070055368	
IGA	Apple Juice	64 ounce	4127088270	
	Grape Juice	64 ounce	4127088275	
Lucky Leaf	Apple Juice	48 ounce	28500-12063	
Musselman's	Apple Juice	48 ounce	37323-12063	
Nestle	Juicy Juice-Apple	64 ounce	28000-00824	
	Juicy Juice-Apple Banana	64 ounce	28000-64170	
	Juicy Juice -Raspberry	64 ounce	28000-64150	
	Juicy Juice- Berry	64 ounce	28000-00823	
	Juicy Juice Cherry	64 ounce	28000-00821	
	Juicy Juice -Grape	64 ounce	28000-00822	
	Juicy Juice Kiwi-Strawberry	64 ounce	28000-50381	
	Juicy Juice- Orange Tangerine	64 ounce	28000-29505	
	Juicy Juice - Punch	64 ounce	28000-00820	
	Juicy Juice - Strawberry Banana	64 ounce	28000-43970	
	Juicy Juice- White Grape	64 ounce	28000-10836	
		Juicy Juice - Apple	11.5 ounce shelf stable concentrate	28000-02111
		Juicy Juice - Berry	11.5 ounce shelf stable concentrate	28000-02122
		Juicy Juice - Punch	11.5 ounce shelf stable concentrate	28000-02177
Northland	100% Juice Traditional Cranberry	48oz (Plastic)	7-53792-00256-0	
	100% Juice Cranberry Grape	48oz (Plastic)	7-53792-00257-7	
	100% Juice Cranberry Raspberry	48oz (Plastic)	7-53792-00258-4	
	100% Juice Traditional Cranberry	64oz (Plastic)	7-53792-00201-0	
	100% Juice Cranberry Grape	64oz (Plastic)	7-53792-00203-4	
	100% Juice Cranberry Raspberry	64oz (Plastic)	7-53792-00204-1	
	100% Juice Cranberry Cherry	64oz (Plastic)	7-53792-00206-5	
	100% Juice Cranberry Blackberry	64oz (Plastic)	7-53792-00208-9	
	100% Juice Cranberry Blueberry	64oz (Plastic)	7-53792-00230-0	
100% Juice Cranberry Pomegranate	64oz (Plastic)	7-53792-00231-7		
Old Orchard	100% Apple Juice	12 ounce frozen concentrate	075355112418	
	Apple Cherry 100% Juice	12 ounce frozen concentrate	075355112623	
	Apple Cranberry 100% Juice	12 ounce frozen concentrate	075355112517	
	Apple Kiwi Strawberry 100% Juice	12 ounce frozen concentrate	075355112609	
Old Orchard	Apple Passion Mango 100% Juice	12 ounce frozen concentrate	075355112630	
	Apple Raspberry 100% Juice	12 ounce frozen concentrate	075355112616	

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	Apple Strawberry Banana 100% Juice	12 ounce frozen concentrate	075355112524
	Cranberry 100% Juice	12 ounce frozen concentrate	075355112449
	Cranberry Raspberry 100% Juice	12 ounce frozen concentrate	075355112562
	100% Grape Juice	12 ounce frozen concentrate	075355112531
	100% Orange Juice	12 ounce frozen concentrate	075355112494
	100% Orange w/ Calcium Juice	12 ounce frozen concentrate	075355112500
	100% Pineapple Juice	12 ounce frozen concentrate	075355112463
	Pineapple Orange 100% Juice	12 ounce frozen concentrate	075355112487
	Pineapple Orange Banana 100% Juice	12 ounce frozen concentrate	075355112470
	100% White Grape Juice	12 ounce frozen concentrate	075355112388
	100% Apple Juice	64 ounce	075355112135
	100% Grape Juice	64 ounce	075355112166
	Kiwi Strawberry 100%	64 ounce	075355112050
	Cranberry Pomegranate 100%	64 ounce	075355112067
	Blueberry Pomegranate 100%	64 ounce	075355112081
	Wild Cherry 100%	64 ounce	075355112098
	Apple Cranberry 100%	64 ounce	075355112104
	Berry Blend 100%	64 ounce	075355112111
	Peach Mango 100%	64 ounce	075355772128
	Red Raspberry 100%	64 ounce	075355772142
	White Grape 100%	64 ounce	075355112180
Richfood	Apple Juice	12 ounce frozen concentrate	1116662620
Safeway	Apple Juice	64 ounce	21130-31001
	Grape Juice	64 ounce	21130-31255
	White Grape Juice	64 ounce	21130-31253
Seneca	Apple Juice	48 ounce	0-37100-00398-3
	Apple Juice	12 ounce frozen concentrate	0-37100-00016-6
Sesame Street	100% Juice Elmo's Punch	64oz (Plastic)	0-76301-72213-2
	100% Juice Grover's White Grape	64oz (Plastic)	0-76301-72219-4
	100% Juice Bert & Ernie's Berry	64oz (Plastic)	0-76301-72220-0
	100% Juice Big Bird's Apple	64oz (Plastic)	0-76301-72227-9
Shop N Save	Apple Juice	12 ounce frozen concentrate	4113035428
Shurfine	Apple Juice	12 ounce frozen concentrate	1540083079
	Apple Juice	48 ounce	1540085114
	Apple Juice	64 ounce	1540083575
	Grape Juice	64 ounce	1540083596
	Tomato Juice	64 ounce	1540086089
Shurfine	Grape Juice	48 ounce	1116111216
	White Grape Juice	64 ounce	1540083597
Wegmans	Apple Juice	12 ounce frozen concentrate	077890-67716

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	Apple Juice w/ calcium	12 ounce frozen concentrate	077890-63809
	Apple Juice	64 ounce	077890-68773
	Apple Juice w/ calcium	64 ounce	077890-14603
	Grape Juice	64 ounce	077890-74645
	White Grape Juice	64 ounce	077890-12794
Weis Quality	Apple Juice w/ Vitamin C	64 ounce	4149725141
	Apple Juice w/ calcium	64 ounce	4149725142
	Apple Juice	12 ounce frozen concentrate	4149702630
	Apple Juice w/ Vitamin C Not from Concentrate	64 ounce	4149725143
	Apple Juice w/ calcium Not from Concentrate	64 ounce	4149725144
	Purple Grape Juice	64 ounce	4149725569
	White Grape Juice	64 ounce	4149725568
Welch's	100% Grape Juice	64 ounce	041800207503
	100% White Grape Juice	64 ounce	041800227006
	Red 100% Grape Juice	64 ounce	041800226009
	100% Grape Juice	11.5 ounce frozen concentrate	041800116003
	100% White Grape Juice	11.5 ounce frozen concentrate	041800109005
	100% Juice White Grape Raspberry	11.5 ounce frozen concentrate	041800182008
	100% Juice White Grape Cranberry	11.5 ounce frozen concentrate	041800180004
	100% Juice White Grape Peach	11.5 ounce frozen concentrate	041800181001
	100% Juice White Grape Pear	11.5 ounce frozen concentrate	041800184002
	100% Juice Grape	11.5 ounce shelf stable concentrate	041800157006
	100% Juice White Grape	11.5 ounce shelf stable concentrate	041800176007
	100% Juice Apple	11.5 ounce shelf stable concentrate	041800193004
	100% Juice Cherry Sensation	11.5 ounce shelf stable concentrate	041800159000
	100% Juice Fruit Fantastic	11.5 ounce shelf stable concentrate	041800158003
	100% Juice Wild Berry	11.5 ounce shelf stable concentrate	041800196005
Welch's	100% Juice Tropical Passion	11.5 ounce shelf stable concentrate	041800195008
	100% Juice Strawberry Raspberry	11.5 ounce shelf stable concentrate	041800148004

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White Rose	Grape Juice	48 ounce	7480725131
	Grape Juice	64 ounce	7480725133
	White Grape Juice	64 ounce	7480725096

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Mom's Best	Natural Quick Oats	16 ounce	0 42400 01692 2
Mother's	Rolled Oats	16 ounce	30000 21641
Quaker	Steel Cut Oats	24 ounce	30000 01203

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Pacific Natural Foods	Ultra Soy Plain	32 ounce	0 52603-08200 6
	Ultra Soy Vanilla	32 ounce	0 52603-08225 9
8th Continent	Soymilk Original	64 ounce	0-53859-07066-3

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House	Premium Extra Firm	12 ounce	7637101111
	Premium Firm	14 ounce	7637101109
	Premium Medium Firm	14 ounce	7637101102
	Premium Soft	14 ounce	7637101105
Soy Boy	Extra Firm	15 ounce	5001210260
	Firm	16 ounce	5001210180

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Chi Chi's	Whole Wheat Tortilla Fajita Style	16 ounce	0-43354-00790-5
Don Pancho	White Corn Tortilla	16 ounce	79341-01386
	Whole Wheat Tortilla	16 ounce	79341-02628
LaBurrita	Yellow Corn Tortilla	16 ounce	37232-00104
MexAmerica	Whole Wheat with Honey Tortilla	16 ounce	16972001105